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Sustainable Strategies

Designed by ZED Lab, the House Under Shadows, an integrated double-family residence in the historic city of Karnal in Haryana, exhibits a nature-inspired, near-net-zero design that reformulates the idea of 'India-Modern' and enables sustainable living

he client's brief called for an expansive two-unit residence that characterizes sustainable living in the lap of nature and be openly guided by design to find the rhythm of movement and activities within the house. In response to this, the house fuses two single-floor units through a common façade and a seamless double roof that creates a sense of visual cohesion through its horizontal emphasis.

Design and Planning

The design takes shape with a common entrance space embraced between two boxes that represent the two units, following a mirroring process thereafter and throughout. The units are punctured with two chowk-inspired rectangular courtyards, each in the form of pools that act as heatsinks. This is balanced by immediate cantilevers that run along the

units, shielding internal and external walls with shade; the cantilevers also enable transition spaces across. The cantilevers and the courtyard areas facilitate social cohesion and seamless movement between spaces.

Interior Layout

The layout of the expansive units accommodates cross-ventilated and naturally-lit interior spaces. The bedrooms have glazed windows in the north-west which allow minimum heat and glare, while offering broad views of the landscape. The living spaces are shielded from the harsh south-west sun and open out into the courtyard to allow abundant ingress of natural daylight. Other areas include the kitchen and utility, bar, powder room and servant's quarter with the vertical circulation element — staircase positioned at the centre of the south-west side.







The first floor accommodates a bedroom with toilet, lounge, powder room, pantry, store, and a multipurpose hall. The design of the multipurpose hall draws inspiration from the 'chhatris' that are elevated, and dome-shaped pavilions found in traditional Indian architecture.

Landscaping

The central courtyard area with the pool is embraced by stone-clad walls that provide mass insulation and vertical greens that avoid heat island effect. The pool acting as a heat sink absorbs heat during the day and releases it to the night sky, thereby lowering the net heat gain. The radiant heat of

The House Under Shadows takes cues from the vernacular and nature's self-forming elements and patterns like Voronoi that minimises energy consumption throughout. The playful dance of shadows inside the spaces truly captures the essence of the brief 'sustainable living in nature' and finesse in the execution of the design.

Principal Architects Payal & Sachin Rastogi

the waterbody participates in the process of photosynthesis of the surrounding vertical greens through evapotranspiration. An aesthetic perspective – the surrounding walls render a beautiful reflection of the water body. The green landscape extends vertically on the inside and horizontally outside the built footprint.

Double Roofing

The design highlight is the parametrically crafted, omnipresent double-roof that canopies the vast footprint of the double unit structure to create two individual units that allow for privacy yet come together as one cohesive residence where an ingenious double roof structure serves the purpose.



MGS - Modern Green Structures & Architecture

A solid wooden roof and an extensive pergola run along the length and breadth of the house. While the wooden roof acts as the primary envelope of the house, the pergola has many aspects to it: it constitutes a Voronoi pattern — observed from trees, branches and leaves in a forest - that casts shadow patterns and filtered light accordingly. This is in contrast with the geometrical pattern that cuts the fluidity of the house. The Voronoi patterned double roof is made of FRP (Fibre Reinforced Polymer) that is fabricated through digital modelling using parametrics, placed in site on the underside

of an extensive primary MS framework that transfers the weight through the steel columns. This pergola achieves reduced solar direct and diffused radiation by 50%.

The organic shadow pattern is dynamic with the diurnal and seasonal changes experienced within the house that casts an ephemeral play of light and shade in the interior spaces. The pergola also allows the underlying wooden roof to be utilised as a semi-outdoor space above the house, providing panoramic views of the low-lying and green spaces of the neighbourhood, while revealing the scale of the roof.











Fact File

Typology: Residence Location: Karnal, Haryana Site Area: 16,216 sqft Built-up Area: 1672 sq.m

Principal Architect: Zero Energy Design Lab Design Team: Lead: Sachin, Payal Rastogi

Start Date: March 2018 Completion Date: March 2021

Photographer: Noughts and Crosses | Andre J. Fanthome

Material Palette

Sanitary ware / Fittings : Kohler

Flooring: Italian marble
Furnishing: Design n decor
Furniture: Ikea, Neocha, etc
Air Conditioning: Daikin

Lighting : Philips Paint : Asian Paints

Consultants

Structural: Design Solutions Mechanical, Electrical: ZED Lab

PMC, Façade, Landscape, HVAC: ZED Lab

Plumbing: One Design Consultants

The addition of the roof canopy has resulted in 50% reduction in direct and diffused radiation. This has led to an equally significant consequent reduction in heat gain, and cooling loads making the design both sustainable and energy efficient. The roof material has a minimal 0.4 value of thermal transmittance, further preventing the ingress of heat to the built structure. The annual cooling load went down from 76 kilowatt-hours per square meter to 53 kilowatt-hours per square meter – indicating a 20% reduction.

Material Palette

Use of local materials with low embodied carbon and neutral tones enable heat reflection, which reduces mechanical cooling loads while creating visual lightness in elevation. The walls are dry clad with Gwalior mint stone to enhance thermal mass performance and create a unique finish. Additionally, a leather finish on stone is provided to render a natural texture on the stone.

A natural wooden ceiling imparts a sense of warmth to the free-flowing open spaces and glazed interiors. The overall aesthetic is enhanced by using solid Indian wood to highlight the continuous, seamless canopy of the roof. While windows are made of aluminium glazing and span floor to ceiling to render them invisible, the interior furnishings and artwork are all cohesive to the earthly palette of textures and colours. Since the design demands a specific door-height ratio to remain true to the scale of the entire project, the prepolished Indian veneer doors are assembled on site.